

# SUICIDE PREVENTION TRAINING

**JUNE 4, 2026**  
**9:00-10:30**  
**AM CST**

The Illinois Behavioral Health Workforce Center in partnership with Sertoma Star Services, is hosting a free, virtual QPR Basic Suicide Prevention Training for behavioral health providers and community members. QPR stands for Question, Persuade, Refer and is the CPR of mental health.

This 90-minute class increases public awareness of suicide and improves one's ability to identify and refer those at risk for suicide. Participants learn about the impact of suicide in America, common myths and facts surrounding suicide, warning signs, risk factors, and protective factors.

Participants are equipped to intervene early by learning how to question, persuade and refer persons who are at risk for suicide. Participants are identified as Gate Keepers at training completion.

All QPR courses are evidence-based best practice approaches.

For questions, contact:  
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