



Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Training & Consultation

The BHWWC in partnership with Meridian is offering **free** training and support for eligible providers to become certified in TF-CBT!



Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Training

The Illinois Behavioral Health Workforce Center (BHWC) with support from Meridian Health Plan of IL is providing a no-cost Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Training for Illinois providers. This training will be held virtually over 3 days, on **Wednesday, July 29th, Thursday July 30th and Friday, July 31st, 2026, from 8:30 a.m. to 2:30 p.m.** Central Time each day.

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) is an evidence-based treatment for children and adolescents impacted by trauma that includes participation by their parents or caregivers.

Research shows that TF-CBT is effective in reducing a broad array of emotional and behavioral difficulties associated with single, multiple, and complex trauma experiences.

Who is eligible to attend?

- Only clinicians who meet all of the following criteria are eligible to attend:
- Master's degree or above in a mental health discipline (or currently enrolled in a Master's degree program).
- Professional licensure in Illinois (or under supervision for licensure).
- Actively treating children/adolescents that have trauma symptoms or are in Illinois' foster care/child welfare system.
- Can commit to and participate in the follow-up TF-CBT Consultation Call Program consisting of twice-monthly, one-hour group conference calls for six months.

Participants have the option to take the exam after the training to become Certified in TF-CBT.

How can I sign up?

Click the link below to complete the training application. If you are accepted to the training, we will send a follow-up email with the registration link.

https://uic.ca1.qualtrics.com/jfe/form/SV_eS7ZPaElljEUw50



What are the pre-requisites?

Pre-requisites Due no later than end-of-business Friday, July 17, 2026

- Prior to the training, participants must complete the Medical University of South Carolina's online TF-CBTWeb 2.0 training available for 11 hours of CE credit (in addition to the 14 hours of CE credit available for this training) at <https://tfcbt2.musc.edu> (this is a separate site). This training costs \$35 and you will need to upload your certificate of completion in this learning site after completion. Other clinicians have reported that it took them 9-11 hours to complete the training, so we encourage you to start early with the TF-CBTWeb training. Please note that uploading an older certificate is fine. You do not need to take the training again.
- You must also complete the Child and Adolescent Trauma Screen (CATS) which is a training that is embedded in this course and is available upon registration.

What is the cost?

- The three-day training and follow-up consultation calls are provided at no cost as part of our continuing effort to help clinicians treating children who have trauma exposure or are in foster care enhance their skills and utilize the best evidence-based tools available.
- *Your only cost will be \$35 for taking the Medical University of South Carolina's online TF-CBTWeb 2.0 Training available at <https://tfcbt2.musc.edu>. If you've already taken this training, you do not need to take it again.

Can I receive Continuing Education Units (CEUs)?

This training is worth 14 Continuing Education Hours with the following boards:

- NBCC: Centene Corporation has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6673. Programs that do not qualify for NBCC credit are clearly identified. Centene Corporation is solely responsible for all aspects of the programs.
- State of Illinois Department of Financial and Professional Regulation (LPC, LMFT & SW): SW 159.001308; Counseling 197.000241; MFT 168.000219
- *please check with your board for specific approval questions

Note: Since CE boards may have changes in requirements, it is the responsibility of the attendee to verify with their boards if they accept the continuing education being offered. For more continuing education information, please visit: <https://www.centenettraining.com/continuing-education.html>.

Who can I contact with questions?

Please contact Amber Bridges at amber.bridges@centene.com.

