

# BRIDGING LIVED EXPERIENCE & PROFESSIONAL PRACTICE

## Supervision skills for social workers

*This training offers 3 Supervisory–Ethics CEUs*



This practical, three-hour workshop is designed for licensed social workers and other licensed professionals who supervise peer specialists, community health workers, recovery coaches and paraprofessionals across health care, behavioral health and child welfare settings.

Grounded in Internal Family Systems (IFS), the training emphasizes a parts-aware, self-led supervisory approach that supports ethical, trauma-informed and collaborative practice — while honoring both professional standards and lived experience. *\*Free CEUs available.*

### Key topics

- Ethical and effective supervision of lived-experience providers
- Role clarity across clinical, administrative and supportive supervision
- Navigating power dynamics, stigma and supervisory authority
- Providing trauma-informed and culturally humble feedback
- Aligning peer standards with social work ethics and agency policy
- Managing emotional activation, over-identification and “rescuer” parts
- Practical tools for documentation, reflective prompts and structured supervision



### Learning outcomes

Participants will gain:

- A clear supervisory framework for integrating lived experience into practice
- Skills to navigate boundaries, role confusion and emotional regulation
- IFS-informed reflective and relational supervision tools
- Documentation templates and structured models for ongoing supervision
- Increased confidence in supervising peers, CHWs and recovery-oriented workers

### Join us

Strengthen your supervisory practice and support a workforce where professional training and lived expertise collaborate with integrity and respect.

 **Friday, January 16 | 9 am - Noon**  
 **Dunn Richmond Economic Development Center  
at SIU Carbondale | Carbondale, IL**



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