



# Chicago Parent Program

*This parenting program uses the national, evidence-based model of the Chicago Parent Program (CPP).*



Designed for a racially, ethnically, and economically diverse parent population



Developed with an advisory board of parents and supported by over 20 years of research



12-session program provides knowledge, skills, and confidence to parents



Supports parents of young children (2-8) to more effectively manage their children's behavior

## National Successes

### Tested & Proven

The program has helped more than **15,000** parents raise happier, healthier children.

### Skilled Group Leaders

More than **1,300** group leaders have been trained across the country.

## Statewide Successes

The Illinois Behavioral Health Workforce Center has supported a project to build capacity across the state for implementation of this parenting intervention.

**96%** of parents reported that their concerns about their child's behavior improved after participating in the program.

**97%** of parents reported increased confidence in managing their child's behavior after the program.

**100%** of parents would recommend the program to a friend or relative.

Children showed **significant decreases in behavioral issues** like aggression, temper tantrums, and defiance.

Pre-Test

Post-Test

Pre-Test

Post-Test

Children showed **significant improvements in positive behaviors** such as kindness, sharing, and empathy.



**BHWC**  
BEHAVIORAL HEALTH  
WORKFORCE CENTER



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The Behavioral Health Workforce Center of Illinois (established in the Illinois Healthcare and Human Services Reform Act, effective April 27, 2021) seeks to increase access to effective behavioral health services through innovative initiatives to recruit, educate, and retain qualified and diverse behavioral health providers. One component of the center's work is supporting training in evidence-based interventions for providers. The BHWC has trained 109 staff from 16 agencies in Illinois in the implementation of CPP since FY23.

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**96%**

of parents felt more confident talking  
to their child's teacher or childcare  
provider about their child's behavior.

**98%**

of parents felt more confident  
about supporting their child's  
success in school.

